

# MEADOWS SWIM AND TENNIS CLUB RULES

## POOL HOURS

Monday – Friday	8:00 am – 12:00 pm	Lessons and Team Practice
Monday – Thursday	12:00 pm – 8:00 pm	Open Swim
Friday	12:00 pm – 9:00 pm	Open Swim
Saturday/Sunday Holidays	11:00 am – 1:00 pm	Family Swim
Saturday/Sunday Holidays	1:00 pm – 9:00 pm	Open Swim

**NOTE:** The pool will close at 5:00 pm for HOME swim meets and at 6:00 pm for special events. Check the Club Calendar for dates of home swim and dive meets, special events, family nights and adult nights.

**WEATHER:** The pool will close when threatening weather develops or when the air temperature is below 70 degrees Fahrenheit. Both the pool manager and one board member must make this decision.

**OPEN SWIM:** A responsible person, at least 15 years old must accompany children under the age of 8 (maximum of 3). Play objects, flotation devices, etc. are not permitted during open swim.

### FAMILY SWIM:

An adult must accompany family members on the premises. Guard level is at a minimum during these periods. Masks, fins, beach balls, soft floating objects, water toys, air mats and inner tubes are permitted at the discretion of the pool manager and their use is subject to the crowd conditions.

### EVENING SWIM:

An adult must accompany family members under 13 years of age. All other rules are the same as family swim.

**ADULT NIGHT:** Reserved for members and guests over 21 years of age.

**FAMILY NIGHT:** Same rules apply as during Family Swim.

## ADMITTANCE

**MEMBERS:** Individuals passes will be issued to new members. All members must show their passes at the front office. Do not leave your pass at the office desk. Passes are not transferable.

**GUESTS:** Guests **MUST** sign the Guest Registration each time they enter the premises. A Guest Fee must be paid.

**\*\* The club is not responsible for any lost or stolen items \*\***

## GUEST POLICIES & FEES

Guests will be admitted only in the company of a member. Members may bring the same family as guests a maximum of 6 times during the season.

Daily Rate	Individual:	\$5/day
	Family:	\$15/day

Summer house guest \$100 for the summer

## GENERAL RULES

- The “BABY” pool is for children under 6. There is no lifeguard on duty. All children using this pool must be supervised by someone who is at least 12. Children **MUST NOT** be left unattended in the baby pool.
- The “Junior” pool is for children under the age of 9 and others of low swimming ability.
- Children under the age of 8 should be supervised in the changing rooms.
- During adult swim (15 minutes every hour during open swim) children are not permitted on the lower deck area of the pool or in the main pool or in the junior pool.
- State Law requires that a shower must be taken immediately before entering the pool area.
- Swimmers with long hair must secure their hair.
- Only appropriate swim wear is allowed in the pool, no street clothes. A clean T-shirt may be worn in the pool.
- Shoes may **NOT** be worn in the pool enclosure.
- No glass containers are permitted in the pool enclosures.
- Smoking is not permitted on any concrete area of the pool enclosure. This includes all lower and upper deck areas and the baby pool.
- Food and beverages must be confined to the snack bar eating area and the courtyard areas.
- While swimming in any pool, children under 6 and those of low swimming ability must be supervised by someone 12 years of age or older.
- The Pool Manager may enforce additional rules to ensure safe, sanitary, efficient and orderly use of the facilities.

## **POOL BEHAVIOR**

- No splash dives are permitted off the side of the pool.
- No running or pushing is allowed in the deck areas.
- No chicken fights or shoulder rides are allowed in any pool.
- No pushing, dunking, horseplay or distracting splashing is allowed.
- No tag games or games that congest the ladder areas are allowed.
- No climbing on or playing under the guard chairs.
- To use the diving boards, one must be able to swim the length of the pool.
- All divers must leave the diving board from their feet. (The only exception is the diving coaches for demonstration purposes)
- Only one bounce is allowed on the board before each dive.

Only one person is allowed on the board at a time. A diver must wait until the previous diver is at the side of the pool before leaving the board. (There is one exception to this rule. The diving coaches are permitted to be on the board with a diver to spot certain dives thereby making them safer until they are learned by the diver – Example – back diver or back somersault).

## **PARTIES**

Private parties may be held any day of the week during regular pool hours for a maximum of 50 people. The cost of the parties will be a \$5 per guest fee per non-member and an additional \$25 per hour tent rental. Party times **MUST** be reserved with the pool manager a minimum of two weeks prior to the party date. Only one party can be scheduled at any given time. Parties are defined as a group containing over 20 non-members. These parties are not to exceed 50 people total. There will be no parties scheduled during home swim or diving meets. Parties are to be held in the party tent on the upper level of the grass courtyard.

Party Times available: Noon – 3:00 pm / 3:00 pm – 6:00 pm / 6:00 pm – 9:00 pm  
Special consideration may be given depending on availability.

## **GRILL RULES**

Please see office to see if grills are reserved. When done, please turn off gas. Please keep grills clean after use. **Grills are not to be moved. This is a safety issue.**

## **VOLLEYBALL COURT RULES**

The volleyball courts may be reserved for 1 hour only. Contact the office to reserve court time. Back to back reservations are not allowed.

## **DIVING BOARD RULES**

- One person on the board at a time.
- No running off the board.
- Only one bounce off the board.
- No catching children off the diving board.
- Do not wait on the ladder while in line.
- Do not leave the board until the previous diver has reached the side of the pool.
- No swimmers in the diving area while boards are in use.
- Exit the pool at the same side as the board you are using.
- Dive or jump straight off the board. Not to the side.
- You must be able to swim one length of the main pool before using the boards.
- Divers may not attempt new dives unless an instructor supervises them.
- No sitting on the board, hanging off the board, no handstands, no cartwheels.

## **VIOLATIONS**

Any person who violates any of these rules, procedures, or the directions of the guards and pool manager will be subject to immediate suspension as determined by the Pool Board of Directors.